

A Parenting Education Evening Co-Hosted by the
Council of Parent Participation Preschools in BC
And Queensbury Elementary PAC



Dr. Deborah MacNamara

Dr. Deborah MacNamara is on Faculty at the Neufeld Institute and in private practice supporting parents, educators and child/health professionals in making sense of kids.

www.macnamara.ca

Heart Matters: What to do with a Child's Feelings

Constructs like emotional intelligence, emotional self-regulation, emotional well-being and emotional social learning are being bandied about like never before. Emotion, long dismissed as a nuisance factor, is now confirmed to be at the core of development and well-being. What are the implications for raising children? How can we ensure healthy hearts and what does heart hygiene look like? How do we teach our children the language of the heart? Should we be discouraging negative emotions' and encouraging our children to calm down? Dr. MacNamara will bring clarity to the plethora of confusing information bombarding parents today.

Thursday, November 13th, 2014
7:00 – 9:00 pm

At

Queensbury Elementary
2020 Moody Avenue
North Vancouver

Queensbury PAC member tickets by donation

Open to the Public – \$10.00 at the door.

CPPPBC Member Preschools: Block Tickets at \$90.00 or \$110.00

Tell a friend, bring a friend!

Tickets: Council of Parent Participation Preschools in BC
(604)435-4430 or cnclbc@telus.net or www.cpppreschools.bc.ca